



*Supporting Head Start quality today, impacting Arizona's tomorrow!*

**AHSA Quarterly Meeting  
Standing Committee Minutes  
Integrated Health & Safety Committee**

DATE OF MEETING: 5/16/19 Time: 1:30-3:00 PM		LOCATION OF MEETING: Grand Canyon University Technology Bldg. Lecture Hall 3300 W. Camelback Rd., Phoenix 85017
COMMITTEE MEMBERS PRESENT: Alice Haverland, Bari Nemeth, Carol Giddens, Carolyn Willmer, Connie Morrison, Gloria Valdivia, Liz Hernandez, Luz Anderson, Marcia Archer, Margaret Velasco, Martha Jimenez, Selina McCabe-Charley, Nicole Neal, Chrisanda Dubois, Salvadore Morales		
NEXT QUARTERLY COMMITTEE MEETING: Date: TBD Location: TBD		
AGENDA ITEM	DISCUSSION/RECOMMENDATION	PERSON(S) RESPONSIBLE/PRESENTER
I. Call to Order & Welcome	Welcome and introductions	Carolyn Willmer
II. Adoption of Agenda	Approval of agenda Motion to approve by Liz Hernandez, seconded by Chrisanda Dubois	Carolyn Willmer
III. Approval of Minutes	Approval of minutes for 2/14/19 Pending approval of minutes emailed 5/31/19	Carolyn Willmer
IV. Presentation	Update on Oral Health: Dental Hygiene Liaison project; Dental Liaison Project  Some Head Start programs are requiring dental x-rays for the dental exam. While a dental exam must be performed by a licensed dentist, dental x-rays	Julia Wacloff

may not be a medically necessary part of the exam. Clinical standards of practice don't require dental x-rays as a part of dental exams in some situations, and it is the dentist's job to make that determination.

Some parents are expressing concerns over fluoride toothpaste. The amount of fluoride in toothpaste is safe. Parents and Head Start staff should use the correct amount of toothpaste for babies and children. The Head Start Performance Standards have replaced the toothbrushing requirement of "in conjunction with meals" to "once daily". Delaying toothbrushing after meals isn't necessary, but does reduce the amount of fluoride rinsed away by the child's saliva. The best time to brush is before a nap or bed. It is wise to delay toothbrushing for 30 minutes after vomiting, because the acidity of the vomit softens the enamel. Instead, you can rinse with 1 glass of water and 1 tsp baking soda, or just put toothpaste into the mouth.

ADHS has a grant to provide silver diamine fluoride treatments for young children. The silver diamine is the "silver bullet" of tooth decay: it stops cavities and requires no anesthetic/drilling. However, it does turn brown cavities black. The current pilot program is well-received by parents, and ADHS will be expanding the program with First Teeth First, School-based Clinics, local Health Departments, and Community Health Clinics.

There is a new type of dental provider in AZ; Dental Therapists. Dental Therapists operate the supervision of a licensed dentist. The licensed dentist performs exams, but the Therapist is qualified to do fillings. Dental Therapists require two more years of training, in addition to being qualified as a Dental Hygienist.

The AZ Oral Health Coalition is working to change AHCCCS dental coverage. Currently, AHCCCS covers dental care for pregnant women, but that coverage expires the day the baby is delivered. The Coalition will attempt to improve dental coverage for pregnant women/mothers incrementally.



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<p>V. Committee Up-date:</p>	<p>AHSA is represented on the following state/regional committees:</p> <ul style="list-style-type: none"> <li>• Obesity &amp; Food Insecurity: Maureen &amp; Chrisanda</li> <li>• State Hearing Rules: Meagan, Connie, Luz, Marcia, Gloria, &amp; Carol</li> <li>• Oral Health Coalition: Chrisanda, Marcia, &amp; Jordyn</li> <li>• Eye on Learning Committee: Chrisanda</li> <li>• Asthma Coalition: Liz</li> <li>• School Readiness Coalition: Liz</li> <li>• Lead Coalition: Marcia, Carol, Gloria, Luz, Connie, Liz.</li> </ul> <p>Chrisanda reports the Obesity Committee has lost momentum, and has decided to focus on food insecurity; they are focusing on distributing cards to families to identify families who are going hungry, and to ultimately connect those families with food resources. Chrisanda said she was surprised by the lack of knowledge among the medical community about food resources such as WIC, food banks, AZ 211, etc.</p> <p>Chrisanda reports the hearing rules are still being finalized. The committee is reaching out to current hearing screening trainers, to see if they are interested in being retrained. There will be a meeting on May 29<sup>th</sup> to revise the hearing curriculum.</p> <p>Alice reported on the Oral Health Coalition meeting: Oral health in children continues to be a significant issue in Arizona; and dentists are having difficulty getting parents to bring children in for treatment following their exams. Tooth decay is also being caused by the widespread use of albuterol inhalers. The inhalation solution softens enamel, making teeth vulnerable to the bacteria causing cavities. The AZ Lung Association provided guidance that children should rinse their mouths with water following the albuterol inhaler.</p>	<p>All Members</p>

	<p>Chrisanda reported on the Vision Summit; they are trying to pass legislation requiring evidence-based vision screening, very similar to the requirements for hearing screening. Vision problems are common in young children, and many children's vision problems are not diagnosed in a timely manner. Preschool-age children who have vision problems without appropriate treatment or support are measurably behind their peers, setting them up for difficulties in school. Awareness of the importance of evidence-based vision screening needs to be improved in the general community, and among medical providers. Evidence-based vision screening using new equipment such as the SPOT Vision Screener is identifying many more children, but parents and providers need to be educated if children are to go to the doctor and receive appropriate evaluation and treatment.</p> <p>Chrisanda reports that she still needs vision data from Head Start grantees, for the end of the school year.</p>	
VI. AHSA goals and AHCCCS	<p>AHSA Goals and new AHCCCS Periodicity Schedule: Discussion</p> <p>This will be discussed at the next meeting.</p>	Carolyn Willmer
VII. Sharing	The committee ran out of time.	All Members
VIII. Adjournment	Adjourned	Carolyn Willmer